

# MARIAN PRAYERS

## HAIL MARY

Hail Mary,  
Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of our death.

## MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

## HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness and our hope.  
To thee do we cry,  
poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn then, most gracious advocate,  
thine eyes of mercy toward us,  
and after this our exile  
show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

# MARIAN PRAYERS

## ANGELUS

(Traditionally prayed at 6 am, Noon, and 6 pm but can be prayed any time)

The Angel of the Lord declared to Mary:  
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord:  
Be it done unto me according to Thy word.

Hail Mary...

And the Word was made Flesh:  
And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of God,  
that we may be made worthy of the promises of Christ.

*Let us pray:*

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

## QUEEN OF HEAVEN (REGINA CAELI)

(Traditionally prayed in place of the Angelus during Easter Season)

V. Queen of Heaven, rejoice, alleluia.  
R. For He whom you did merit to bear, alleluia.  
V. Has risen, as he said, alleluia.  
R. Pray for us to God, alleluia.  
V. Rejoice and be glad, O Virgin Mary, alleluia.  
R. For the Lord has truly risen, alleluia.

Let us pray. O God, who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

# MARIAN PRAYERS

## THE MAGNIFICAT

(Mary's song of praise in response to the greeting of Elizabeth in Lk 1: 46-55)

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me,  
and holy is his Name.

He has mercy on those who fear him  
in every generation.  
He has shown the strength of his arm,  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,  
and has lifted up the lowly.  
He has filled the hungry with good things,  
and the rich he has sent away empty.

He has come to the help of his servant Israel  
for he remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children forever.

# MARIAN PRAYERS

## THE HOLY ROSARY

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

*Pray The Apostles Creed:*

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord.  
He was conceived by the Holy Spirit,  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
On the third day He rose again.  
He ascended into heaven,  
and is seated at the right hand of God the Father Almighty.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen

*Pray the 'Our Father', 3 'Hail Mary's' for the virtues of Faith, Hope and Charity; and then the 'Glory Be':*

OUR FATHER, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## MARIAN PRAYERS

*The Rosary is divided into five decades. During each decade one meditates on the mysteries of the faith. The Mysteries of the rosary are grouped into 4 themes: Joyful, Sorrowful, Glorious, and Luminous (listed below) While meditating on each of the Mysteries, recite:*

*1 'Our Father'  
10 'Hail Mary's' and  
1 'Glory Be'*

*After each Mystery, pray the 'Fatima Prayer':*

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.  
All together this makes up one decade.

*After the completion of the five mysteries (five decades), pray the 'Hail Holy Queen':*

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

*In conclusion, pray:*

Pray for us, O Holy Mother of God.  
That we may be made worthy of the promises of Christ.

## THE MYSTERIES OF THE ROSARY

### THE JOYFUL MYSTERIES

(Traditionally used on Mondays and Saturdays, may be said on Sundays during Advent and Christmas)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

# MARIAN PRAYERS

## **THE SORROWFUL MYSTERIES**

(Traditionally used on Tuesdays and Fridays, may be said on Sundays during Lent)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

## **THE GLORIOUS MYSTERIES**

(Traditionally used on Wednesdays and Sundays):

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

## **THE LUMINOUS MYSTERIES**

(Traditionally used on Thursdays)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist